

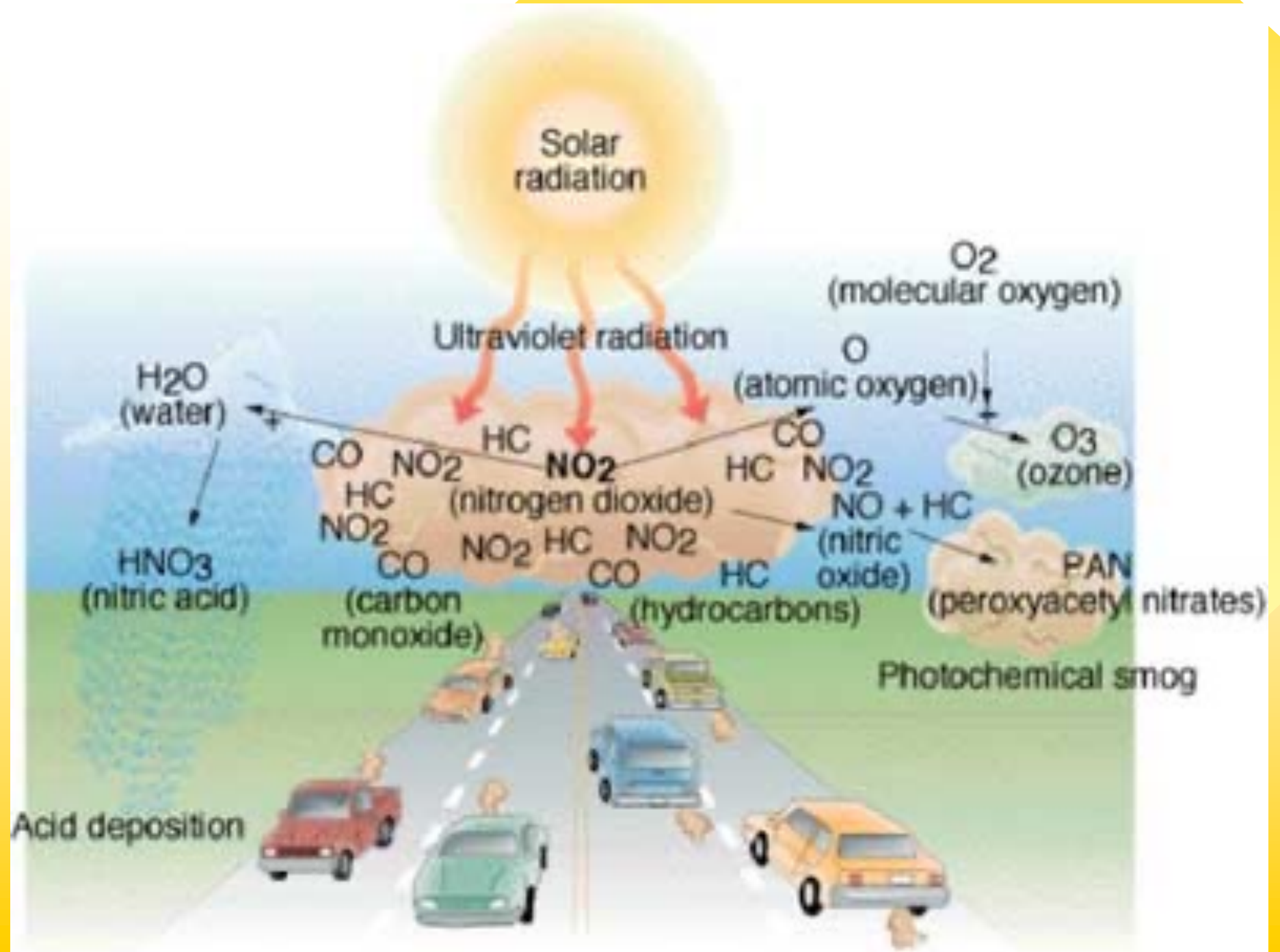
# ***Air Pollution and Chemical Multisensitivity: What to Do***



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**Today air pollution is generally less visible than in years past and, consequently, is a less obvious (and less discussed) problem.**

**Compared to 40 years ago (or any date you pick), we don't know if there are more or fewer pollutants related to these diseases in our air.**

“**Title V of the Clean Air Act** requires major sources of air pollutants, and certain other sources, to obtain and operate in compliance with an operating permit. Sources with these "title V permits" are required by the Act to certify compliance with the applicable requirements of their permits at least annually.”

(U.S. EPA)

**6 Criteria Air Pollutants:** Carbon Monoxide, Ground-level Ozone, Lead, Nitrogen Oxides, Particulate Matter, and Sulfur Dioxide.



- The World Health Organization has just declared outdoor air pollution to be a Group 1, known human carcinogen.
- There are 23 known human carcinogens in compressor stations emissions, including benzene, formaldehyde and 1,3-butadiene.
- Even if health effects are known for exposure to one environmental contaminant, the effect of being exposed to multiple contaminants is uncertain. Co-exposure may have an additive effect or even a synergistic effect. What, for example is the effect of being simultaneously exposed benzene, formaldehyde and 1,3-butadiene?
- Cancer has a long latency and effects may not appear for years.

# Effects of VOCs on the Nervous System

- Occupational studies report three levels of severity of VOC exposure on the brain and behavior:
  - **Organic affective syndrome:** Depression, irritability.
  - **Mild chronic toxic encephalopathy:** Fatigue, mood disturbances, memory and attention complaints.
  - **Severe chronic toxic encephalopathy:** Loss of intellectual abilities, impaired judgment and memory, personality changes.

**17 October 2013**

## **IARC: Outdoor air pollution a leading environmental cause of cancer deaths**

**Lyon/Geneva, 17 October 2013** – The specialized cancer agency of the World Health Organization, the International Agency for Research on Cancer (IARC), announced today that it has classified outdoor air pollution as *carcinogenic to humans* (Group 1).<sup>1</sup>

After thoroughly reviewing the latest available scientific literature, the world's leading experts convened by the IARC Monographs Programme concluded that there is *sufficient evidence* that exposure to outdoor air pollution causes lung cancer (Group 1). They also noted a positive association with an increased risk of bladder cancer.

Particulate matter, a major component of outdoor air pollution, was evaluated separately and was also classified as *carcinogenic to humans* (Group 1).

The IARC evaluation showed an increasing risk of lung cancer with increasing levels of exposure to particulate matter and air pollution. Although the composition of air pollution and levels of exposure can vary dramatically between locations, the conclusions of the Working Group apply to all regions of the world.



# PM10



# PM2.5



# PM1



## How Far Do Particles Travel?

- Coarse particles  
Up to 6 miles
- Fine particles  
Up to thousands of miles
- Ultrafine particles  
Up to 6 miles

## How Big Are Pollution Particles?

(Diameters in micrometers)

Ultrafine

Fine

Coarse

<0.1

0.1-2.5

2.5-10

Strand of human hair

50-70

Single grain of sand

90

## OUTDOOR AIR POLLUTION

VOLUME 109



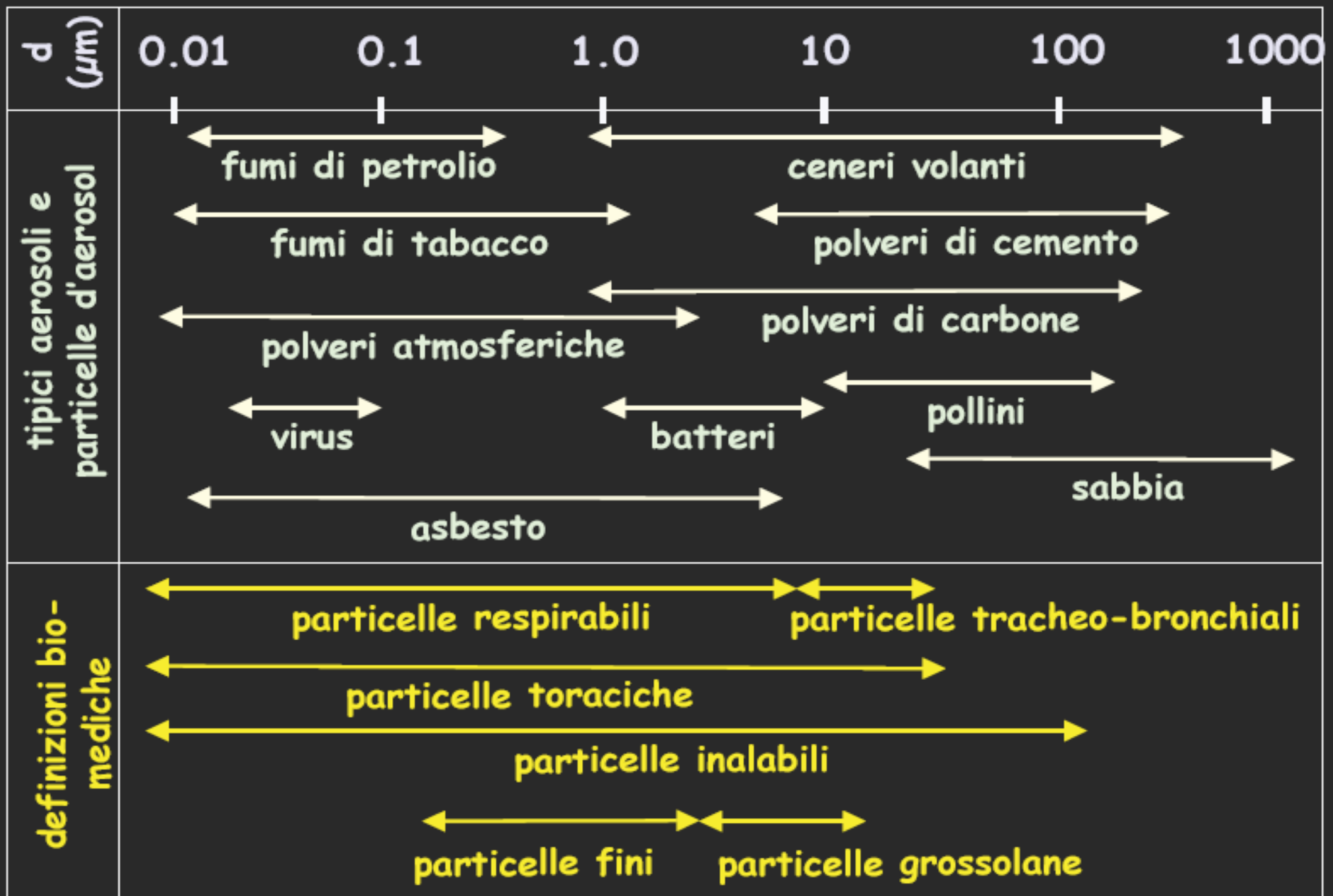
Outdoor air pollution is *carcinogenic to humans (Group 1)*. ←

Particulate matter in outdoor air pollution is *carcinogenic to humans (Group 1)*. ←

The sufficient evidence in humans and experimental animals was also strongly supported by the multiplicity of documented genetic and related effects in humans and experimental systems. This strong mechanistic evidence indicated that outdoor air pollution worldwide is mutagenic and is carcinogenic to humans via genotoxicity.

IARC MONOGRAPHS  
ON THE EVALUATION  
OF CARCINOGENIC RISKS  
TO HUMANS





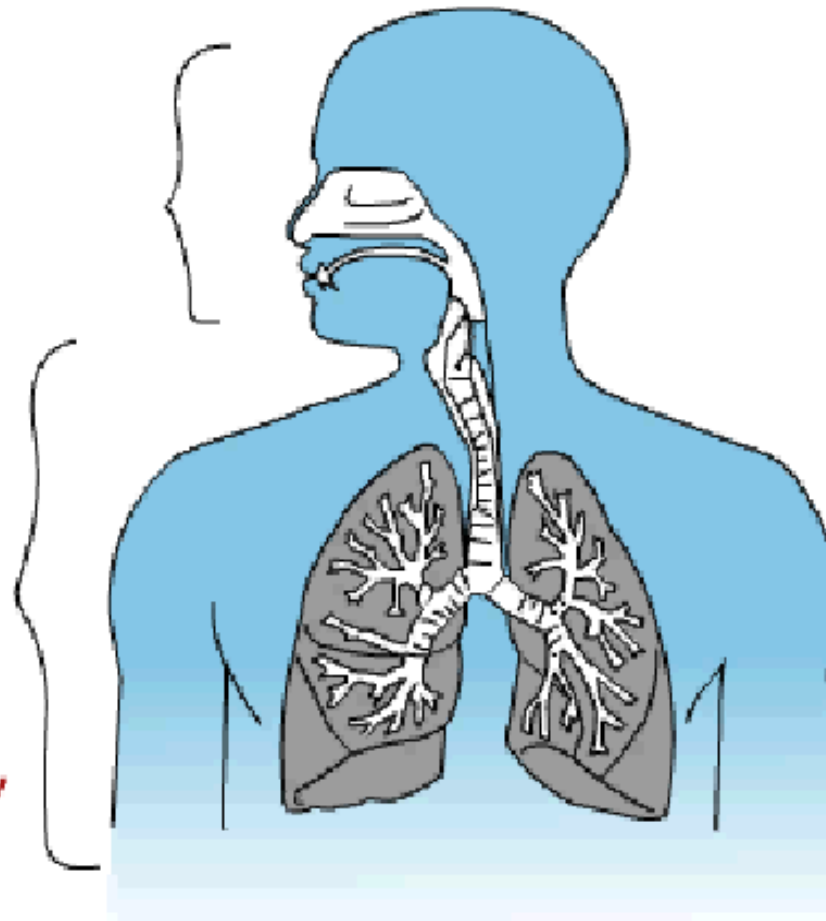
Many toxicological studies have pointed out that particles in the ultrafine size range ( $<100$  nm) pose special problems to the lungs due to their high efficiency of deposition.

# ***Particle Deposition in the Pulmonary Respiratory System***

Head Airways  
Extra Thoracic/  
Nasopharyngeal  
region

Lung Airways  
Tracheobronchial  
region

Alveolar/Pulmonary  
region



Start

Instant Dose  $N_i$

$$N_i = \sum_{j=1}^n C_j \times V_t \times DE_j$$

Cumulative Dose  $N_{tot}$

$$N_{tot} = \sum_{i=1}^t N_i$$

ICRP, 1994. Publication 66:  
Human Respiratory Tract Model  
for Radiological Protection.  
International Commission on  
Radiological Protection.

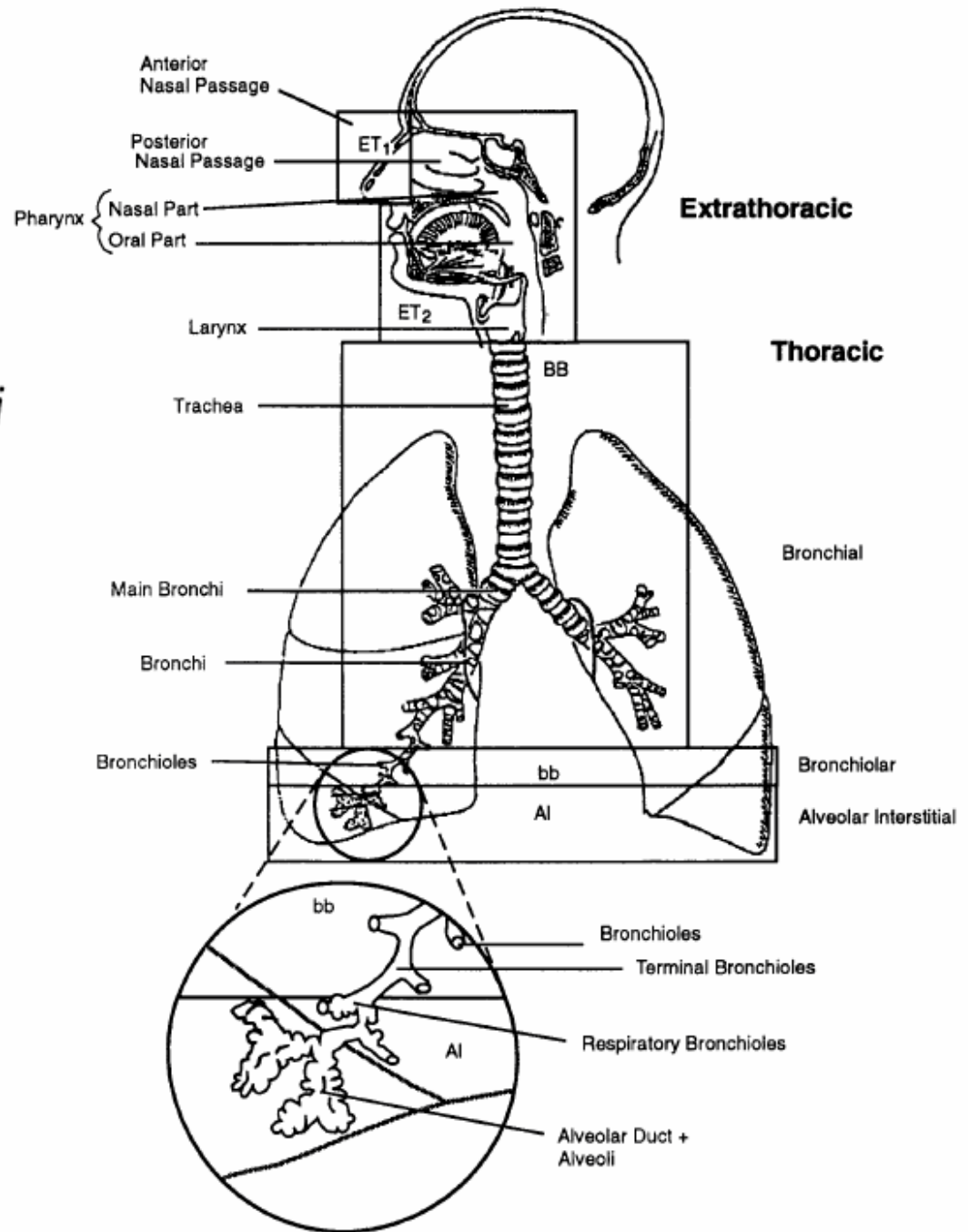
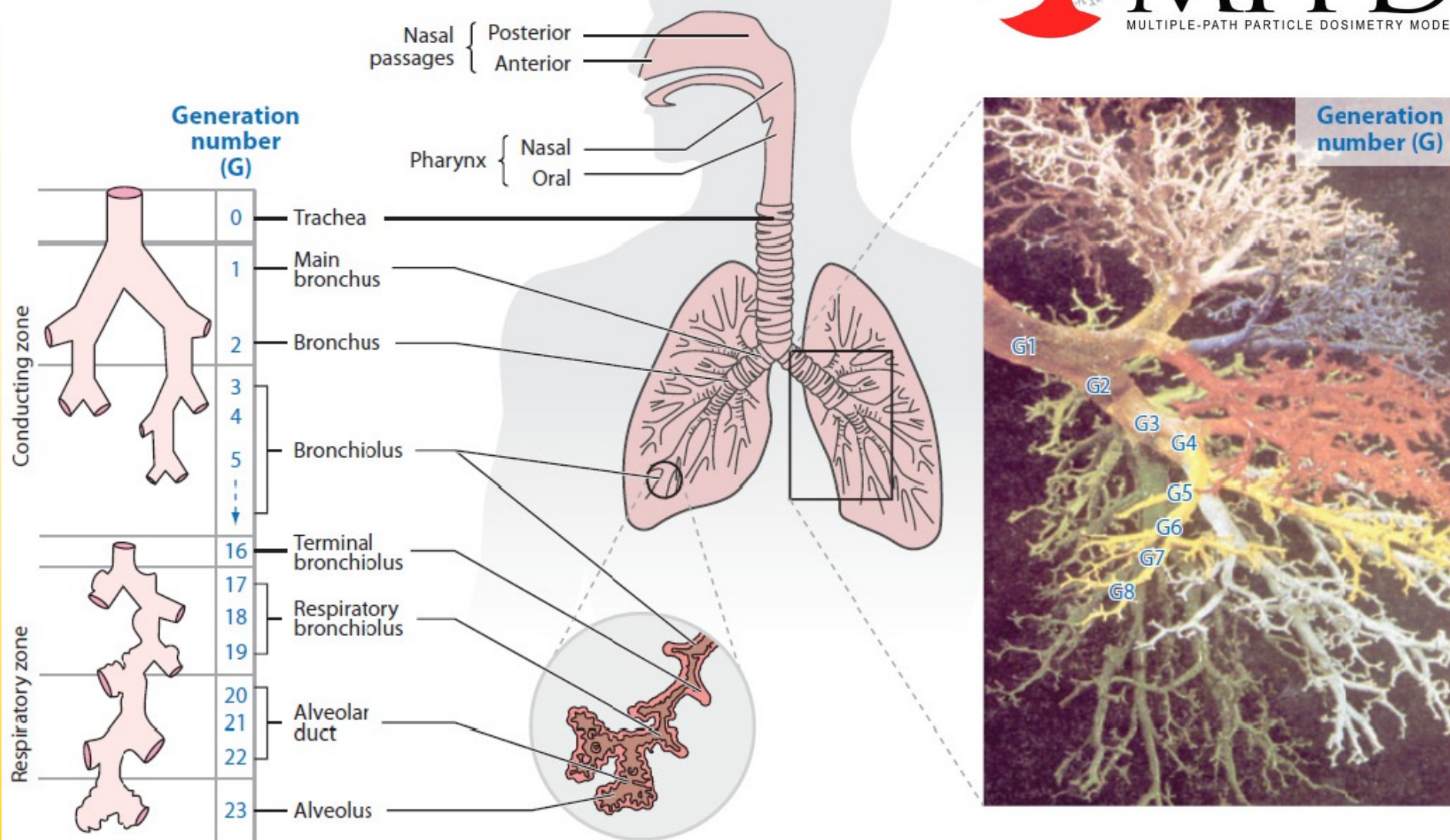


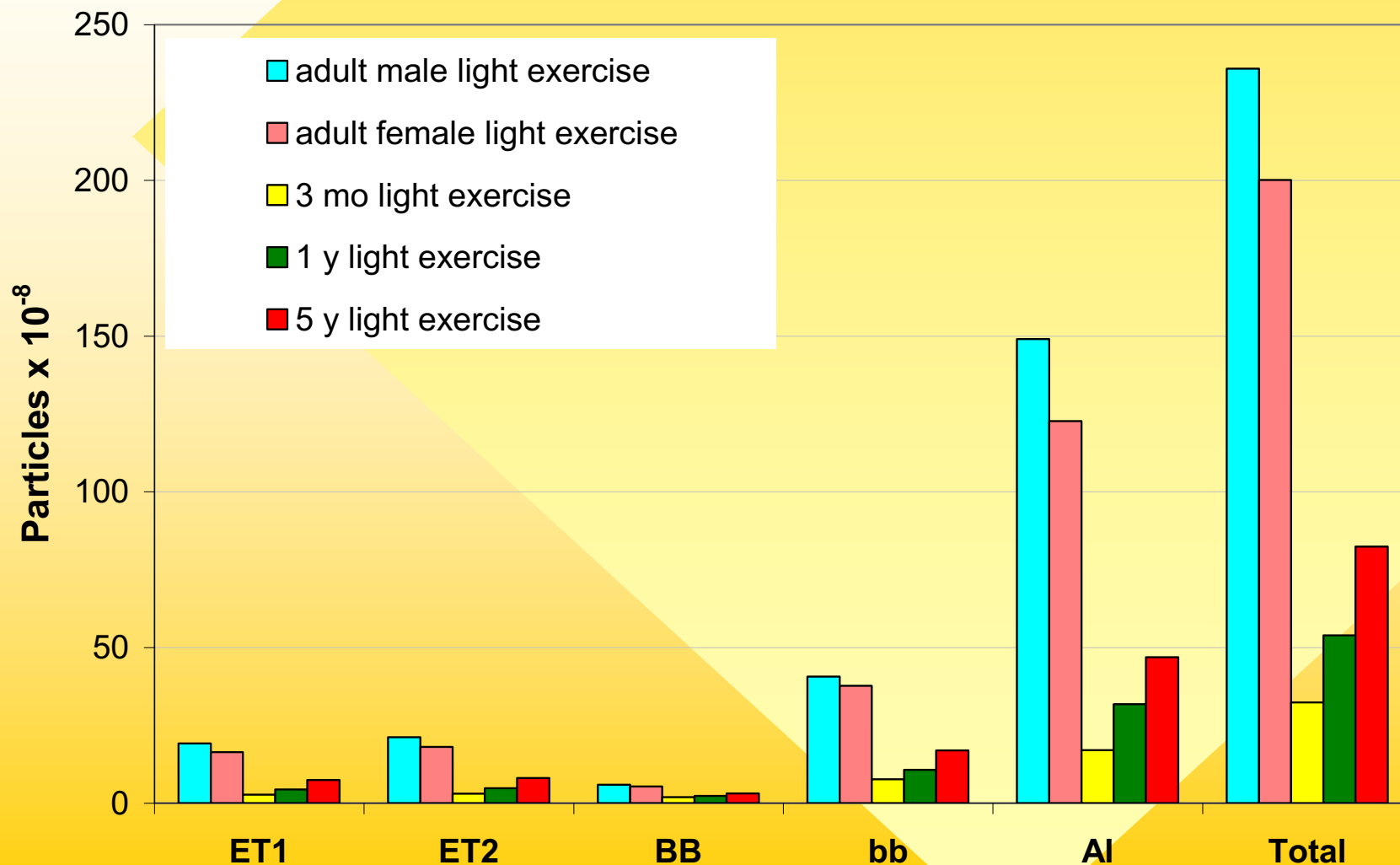
Fig. 1. Anatomical regions of respiratory tract.

# Dose evaluation



# ***Cumulative Regional Dose***

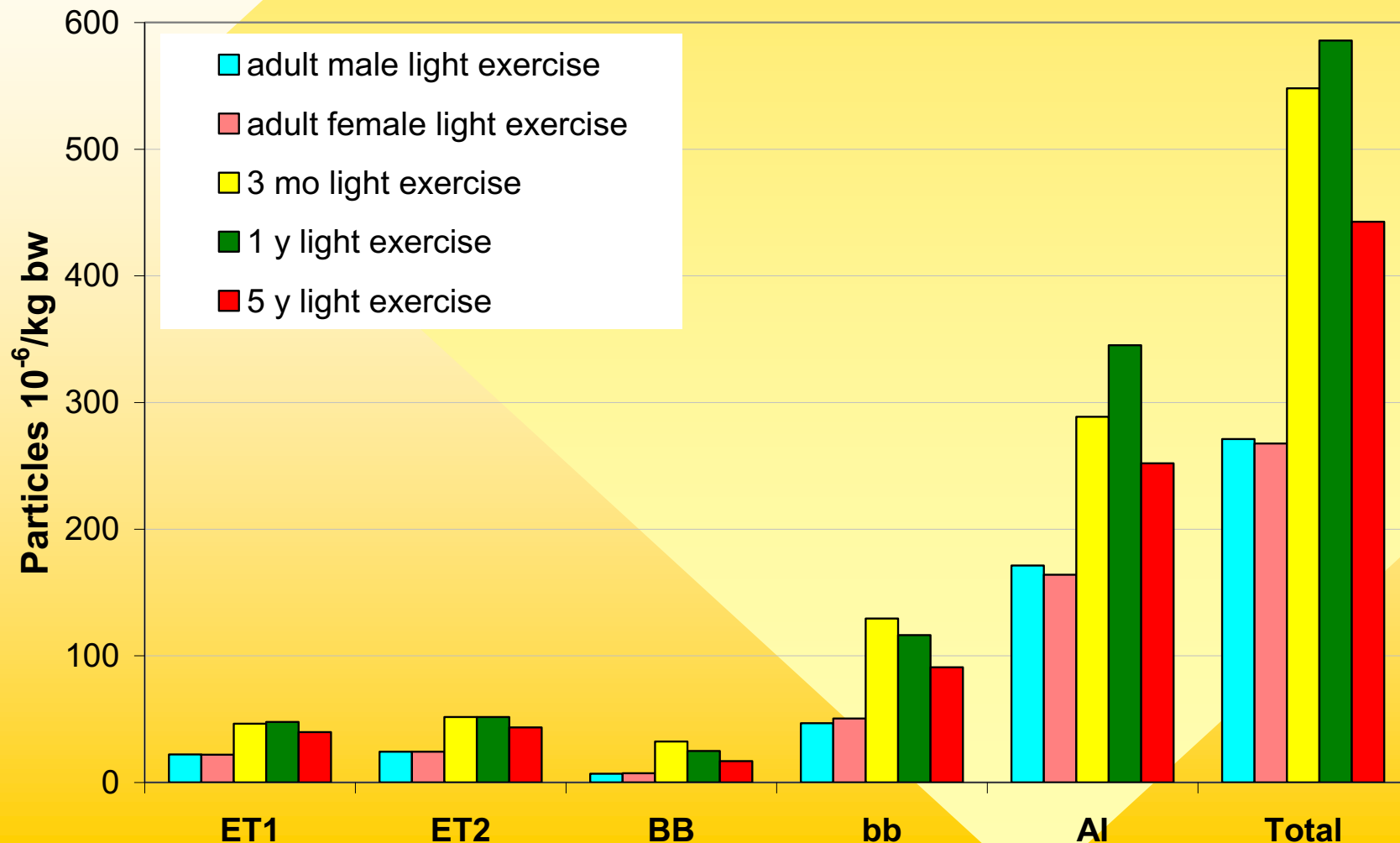
**Adult males, females and infants - (Particles)**

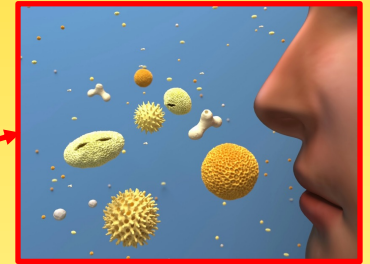




# ***Cumulative Regional Dose***

**Adult males, females and infants - (Particles/kg<sub>BW</sub>)**





## Effects of Particulate Matter on the human health

It is essential to identify and characterize the emissive sources of UFPs in order to perform a full evaluation of PM population exposure

# Typical indoor aerosol generation events

## Non-Combustion sources

- Hair dryers
- Hot flat iron
- Electric drill
- Vacuum cleaners
- Spray air freshener

## Combustion sources

- Mosquito coils burning
- Citronella burning
- Incense
- Smoking cigarettes (*second-hand* smoke)
- Cooking activities



# ***The Scarlet Sunset***



*by Joseph Mallord William Turner (1830)*



